

Expecting Mothers Surrender Retreat



SUNDAY, JULY 28TH
3PM-9PM

- Labor Techniques
- Guided Meditation
- Fear Release
- Prenatal Yoga/Sound Bath
- GIVE AWAYS
- Dinner & Herbal Teas



HOSTED BY DOULA & FREE BIRTH ADVOCATE
TEAGAN SUAREZ 512-755-5743

private lake front property. cottonwood Shores